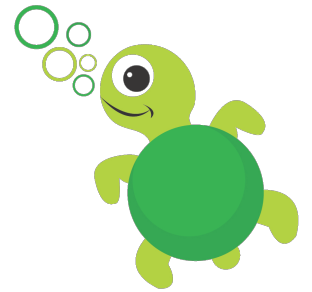


## Child Wellness Policy

We care about your children and our volunteers and want to keep every one healthy and safe. With that in mind NMBC Children's and Preschool Ministry has developed a strict wellness policy. By adhering to this policy, we can ensure that sick children receive the care they need at home, and that parents and volunteer staff can have peace of mind that children and themselves will remain well.

Based on guidelines from the American Academy of Pediatrics, we ask that your child remain at home if they have exhibited any of the following symptoms within the last 24 hours:



- Fever of 99.6 or greater (without medicine)
- Green or yellow discharge from the nose or eyes
- Vomiting (one time or more)
- Diarrhea
- Any unexplained rash
- Skin infections (boils, ringworm, impetigo)
- Pink eye or other eye infections
- Persistent and/or productive cough
- Pale or flushed skin color
- Extreme lethargy or fatigue
- Common cold
- Any symptoms of childhood diseases such as, measles, mumps, croup, RSV, chicken pox, hand foot and mouth, Fifth's disease, strep throat, flu, etc.

If we notice any of these symptoms, you will be notified and asked to pick up your child. If your child becomes ill or injured during the service, one of the nursery staff will text you or the last four digits of your cell number will appear on the screen in the worship center. Please come to check on your child immediately!

Also, we ask that you use discernment when bringing siblings of children who have any of the above symptoms, as they may be contagious as well even with no symptoms present.

### Recent Illness

Children who have been ill within the past 3 days need to have been on antibiotics for 24 hours OR free from over the counter medicines for 24 hours.

When in doubt, please apply the "golden rule", and ask yourself if "I would want another child with your these symptoms to be with my child?".

### Medication

Our nursery staff is not adequately trained to dispense any type of medication. If your child requires medication, please come to the nursery at the appropriate time to administer it.

Thank you for teaming up with us to help keep the North Metro Baptist Church Children's and Preschool environments a safe place for children to learn and grow in their faith.